**Junior Tough Guy and Gal Challenge 2025**

Monday 26th May 2025

Dear Pupils/Parents/Caregivers,

Event Promotions are bringing the Junior Tough Guy and Gal Challenge back to Hawkes Bay for 2025– the biggest mud run series of it’s kind in NZ. With a 1.5 km course for Year 3-4’s, and a 3km course for Year 5-6’s, children will have the chance to experience the Tough Guy and Gal Challenge in a version tailored especially for them. This includes awesome finishers medals for all participants, mud, mud and more mud, tunnels, challenging obstacles, more mud, running, crawling and climbing, hot showers and fantastic spot prizes.

Held at **Clifton Station (opposite the Clifton Café) on Thursday 26th June**, this event promises to be tons of fun, with all the emphasis on participation. All children from Yrs 3-6 are eligible to enter, and we encourage as many as possible to have a go - the more the merrier. **This is an AWESOME DAY OUT – everyone should come and have some fun!!!!** (TOTARA SYNDICATE PLEASE NOTE: This date is the same as our 2025 Primary Schools Ki o Rahi tournament – if you are intending to enter Ki o Rahi you unfortunately cannot do both).

All entries must be made online by individual families. Visit [www.eventpromotions.co.nz](http://www.eventpromotions.co.nz) and follow the links to the Hawkes Bay Junior Tough Guy and Gal challenge. Entries close at 9am on Monday 23rd June and are $32.50 per individual. **Make sure you write ‘Greenmeadows School’ in the appropriate box to link to our group, and tick that your race day pack will be collected as a part of our school group by a ‘teacher’.** You can also enter on the day for $35 per individual, however this is only available if the event is not sold out. Merchandise can also be purchased at the time of entering, and this can be collected by individuals on the day at the merchandise tent.

TRANSPORT TO AND FROM THE EVENT IS THE RESPONSIBILITY OF INDIVIDAL FAMILIES. Talk to your friends, get a group together, and help each other out with transport. We will meet on the day at the venue at 9am under the Greenmeadows School gazebo. Do not head to the administration office (woolshed) unless you are entering on the day – your race packs (competitor number, finishers medal, vouchers) will be collected in bulk and handed out at the GMS gazebo. Races start at 10am, with prize giving at 12pm. Departure from the venue is at approximately 12:30pm, and everyone is expected to return to school at this time (casual clothing is acceptable for the remainder of the school day).

Your checklist for clothing and gear to take on the day is as follows:

**\*** Old sports shoes and socks (hint- you may want to use duct tape around your shoes to hold them on in the mud!). It is compulsory to wear shoes.

**\*** A thermal/polypropelene shirt (long or short sleeved) for under your top to race in if it is wet/cold (please note – GMS sports shirts are NOT allowed to be worn!!!).

**\*** Your costume to race in (shorts not trackpants).

**\*** **A towel and warm change of dry clothing and shoes for afterwards (warm showers are available!)**

**\*** Rain jacket if wet

**\*** Water bottle and plenty of food/snacks for energy. (There are also hot food and drink vendors at the event).

This year we encourage everyone to race with a friend or group of friends, and dress up to race together in crazy, bright matching colours and/or costumes. Go wild, use your imagination, think face paint, coloured hair, maybe a theme costume, match your outfits, hats, headbands, gloves, the brighter the better!!!! We will be looking for some awesome pictures for our newsletter!!

Please contact me with any queries. We look forward to a great event and will see you all there – bring your cameras! And warm clothes ☺

Regards

Nicki Sunley, GMS Sports Coordinator, nickis@gms.school.nz